

# Improving the alpha-mannosidosis patient journey

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# Improving first steps in the patient journey: How important is early recognition of alpha-mannosidosis?

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**Why is early recognition of  
alpha-mannosidosis so  
clinically challenging?**

# Challenges in clinical recognition of AM

Alpha-mannosidosis is a  
**rare 'ultra-orphan'**  
lysosomal storage disorder<sup>1,2</sup>



Estimated prevalence<sup>3</sup>  
**0.1 in 100,000**

Rarity and varying  
severity of disease  
presents clinical  
challenges<sup>4</sup>



Understanding disease  
natural history<sup>1</sup>



Delayed recognition<sup>4</sup>



Underdiagnosis<sup>5</sup>

AM, alpha-mannosidosis.

1. Garbade SF, et al. *J Inherit Metab Dis.* 2021;44:99–109; 2. Zielonka M, et al. *J Inherit Metab Dis.* 2019;42:975–83;

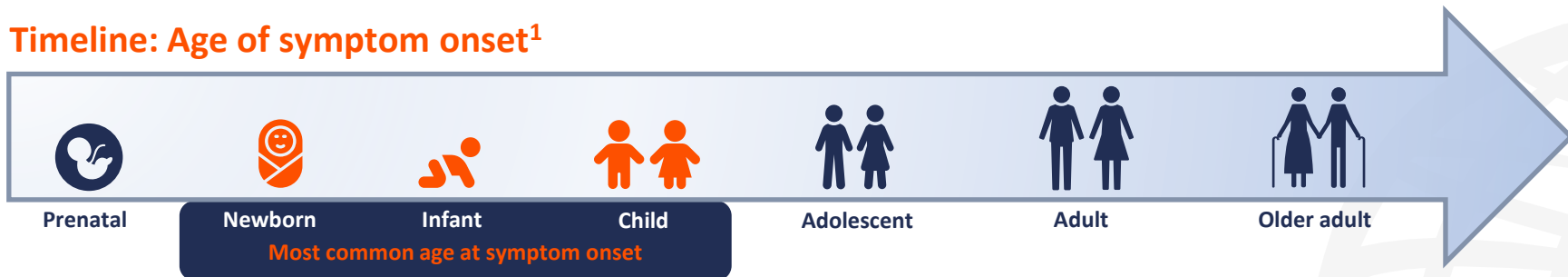
3. Orphanet Report Series. Available at: [www.orpha.net/orphacom/cahiers/docs/GB/Prevalence\\_of\\_rare\\_diseases\\_by\\_decreasing\\_prevalence\\_or\\_cases.pdf](http://www.orpha.net/orphacom/cahiers/docs/GB/Prevalence_of_rare_diseases_by_decreasing_prevalence_or_cases.pdf) (accessed 16 December 2022); 4. Hennermann JB, et al. *Orphanet J Rare Dis.* 2022;17:287. 5. Wiesinger T, et al. *Mol Genet Metab.* 2020;130:149–52.



**What do we currently know  
about the natural history  
of alpha-mannosidosis?**

# Overview of AM

## Timeline: Age of symptom onset<sup>1</sup>



## Clinical subtypes<sup>2</sup>

### Type 3

#### Severe form

- Immediately recognized due to skeletal abnormalities
- Obvious progression
- Early death from primary CNS involvement or myopathy

### Type 2

#### Moderate form (most common)

- Clinically recognized before 10 years of age
- Skeletal abnormalities
- Slow progression
- Development of ataxia at age 20–30

### Type 1


#### Clinically mild form

- Recognized after 10 years of age
- No prominent skeletal abnormalities
- Slow progression

AM, alpha-mannosidosis; CNS, central nervous system.

1. Genetic and Rare Diseases Information Center. Available at: <https://rarediseases.info.nih.gov/diseases/6968/alpha-mannosidosis> (accessed 16 December 2022);

2. Malm D, Nilssen Ø. *Orphanet J Rare Dis*. 2008;3:21.

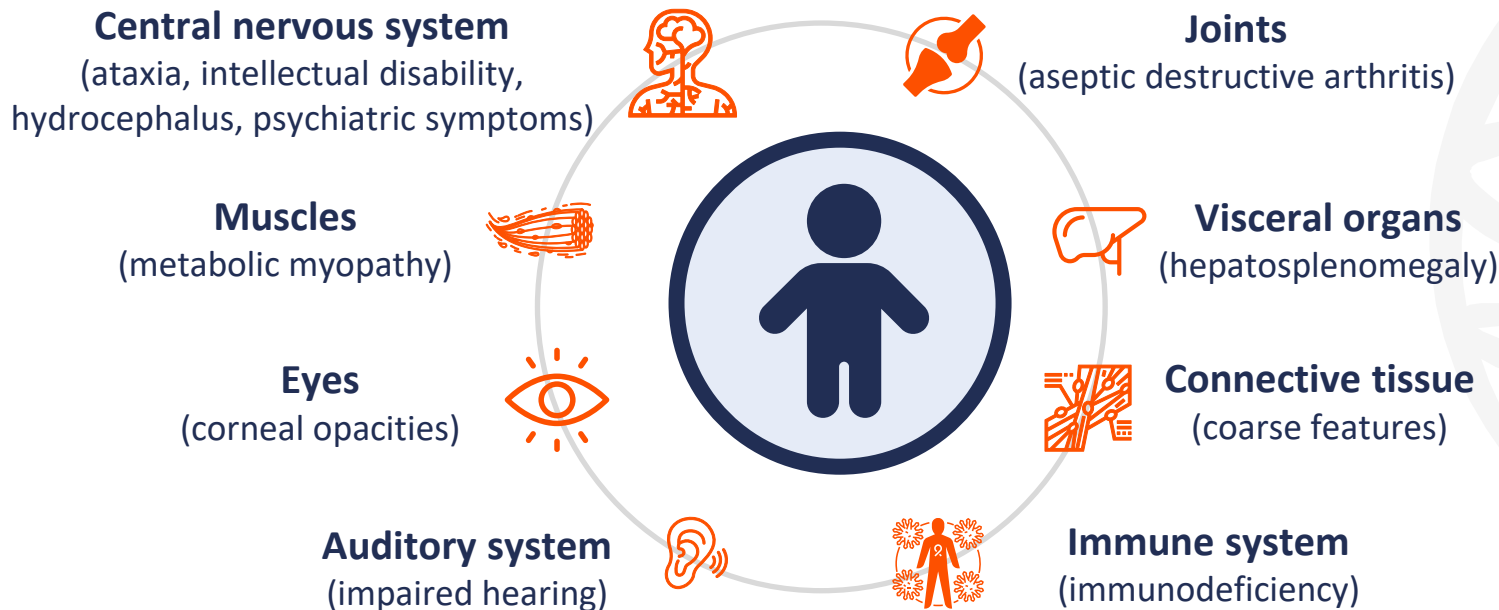


**What are the key signs and symptoms associated with alpha-mannosidosis that we should look out for in the clinic?**



# Prominent signs and symptoms in patients with AM

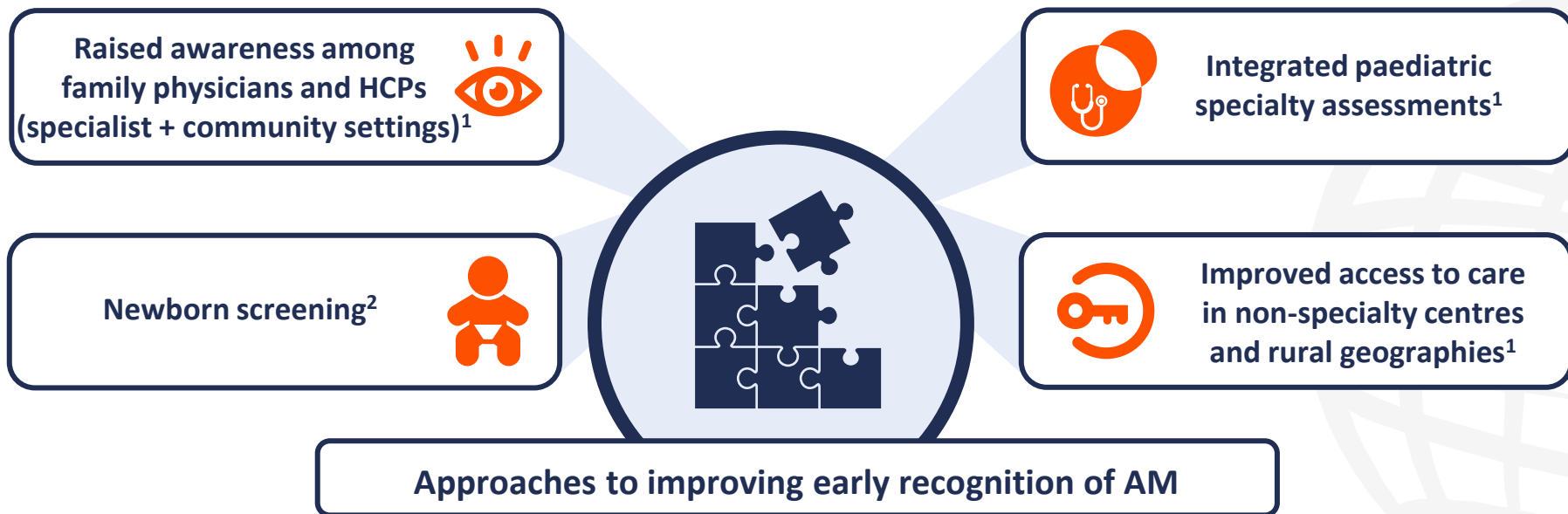
## Organ systems affected





**How could we improve early  
recognition of alpha-mannosidosis,  
now and in the future?**

# Addressing barriers to early recognition of AM



**SPARKLE registry**  
Patient registry and real-world data are needed to:<sup>3</sup>

- *Better understand disease natural history*
- *Identify early signs/symptoms*
- *Characterize biomarkers/predictors of clinical course*

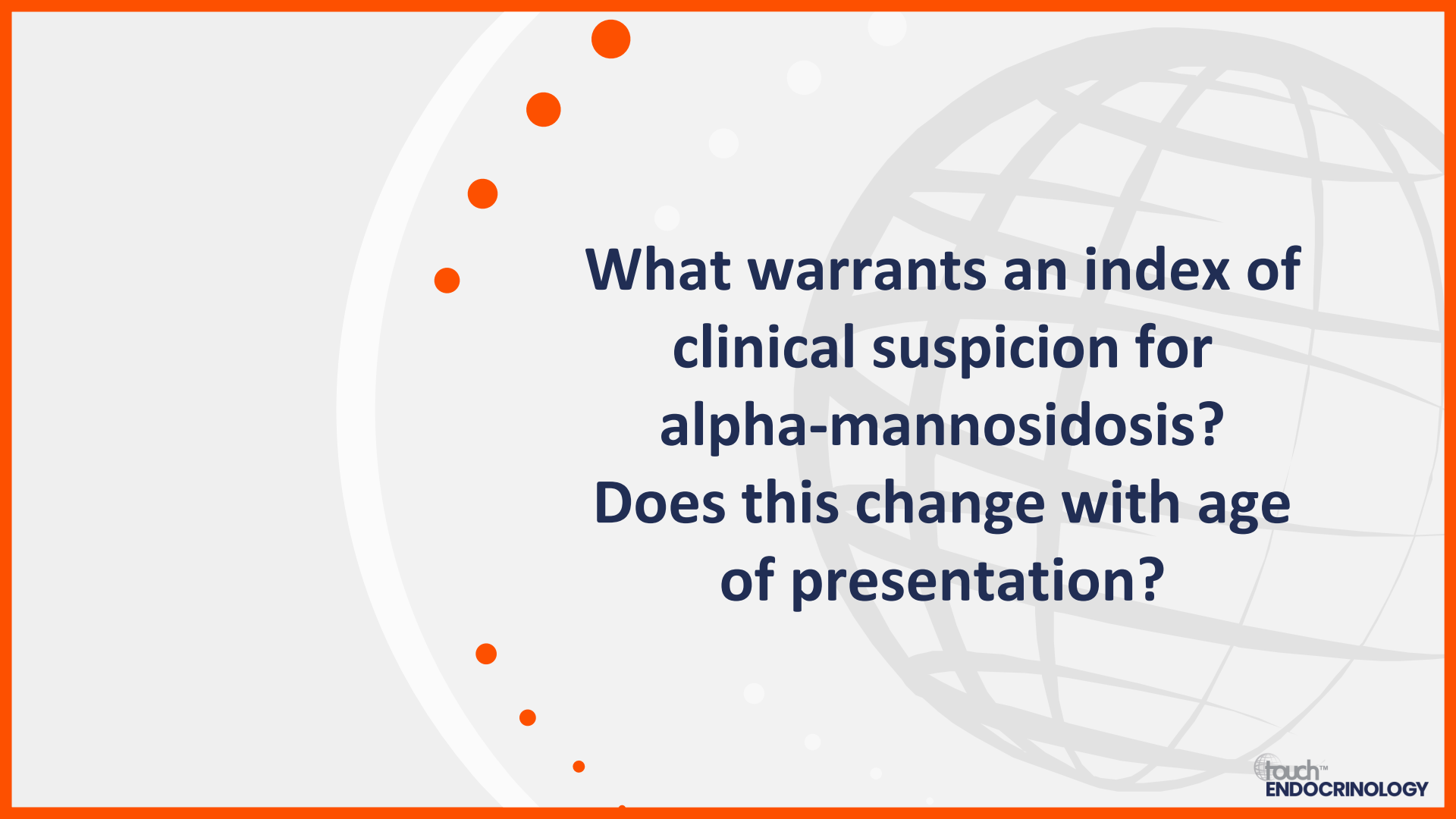
AM, alpha-mannosidosis; HCP, health care professional. 1. Verrecchia E, et al. *Adv Ther.* 2021;38:1–10; 2. Malm D, Nilssen Ø. Alpha-mannosidosis. 2001 (updated 2019). Available at: [www.ncbi.nlm.nih.gov/books/NBK1396/](http://www.ncbi.nlm.nih.gov/books/NBK1396/) (accessed 16 December 2022); 3. Hennermann JB, et al. *Orphanet J Rare Dis.* 2020;15:271.

# Supporting early diagnosis: What more is needed?

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**What warrants an index of  
clinical suspicion for  
alpha-mannosidosis?  
Does this change with age  
of presentation?**

# Prominent signs and symptoms suggestive of AM

## Patients $\leq 10$ years<sup>1</sup>

Speech delay

Hearing loss

Developmental delay

Motor disturbances/joint laxity

Infections

Facial features

Mild hepatosplenomegaly

Hernia



## Patients $> 10$ years<sup>1</sup>

Hearing loss

Ataxia

Psychiatric disorder

Not prominent skeletal disorder

Intellectual disability



# How do we reach a diagnosis of alpha-mannosidosis?

# Route to diagnosis in AM

## Clinical



### Physical signs + symptoms<sup>1,2</sup>

- Facial features
- Musculoskeletal
- Auditory
- Immunodeficiency
- Developmental

## Biochemistry



### Urine analysis<sup>1,2</sup>

- High levels of mannose-rich oligosaccharides

## Enzymology



### Enzyme activity<sup>1,2</sup>

- Acid alpha-mannosidase activity 5–10% normal activity in peripheral blood leukocytes

## Genetics



### Confirmatory genetics<sup>1,2</sup>

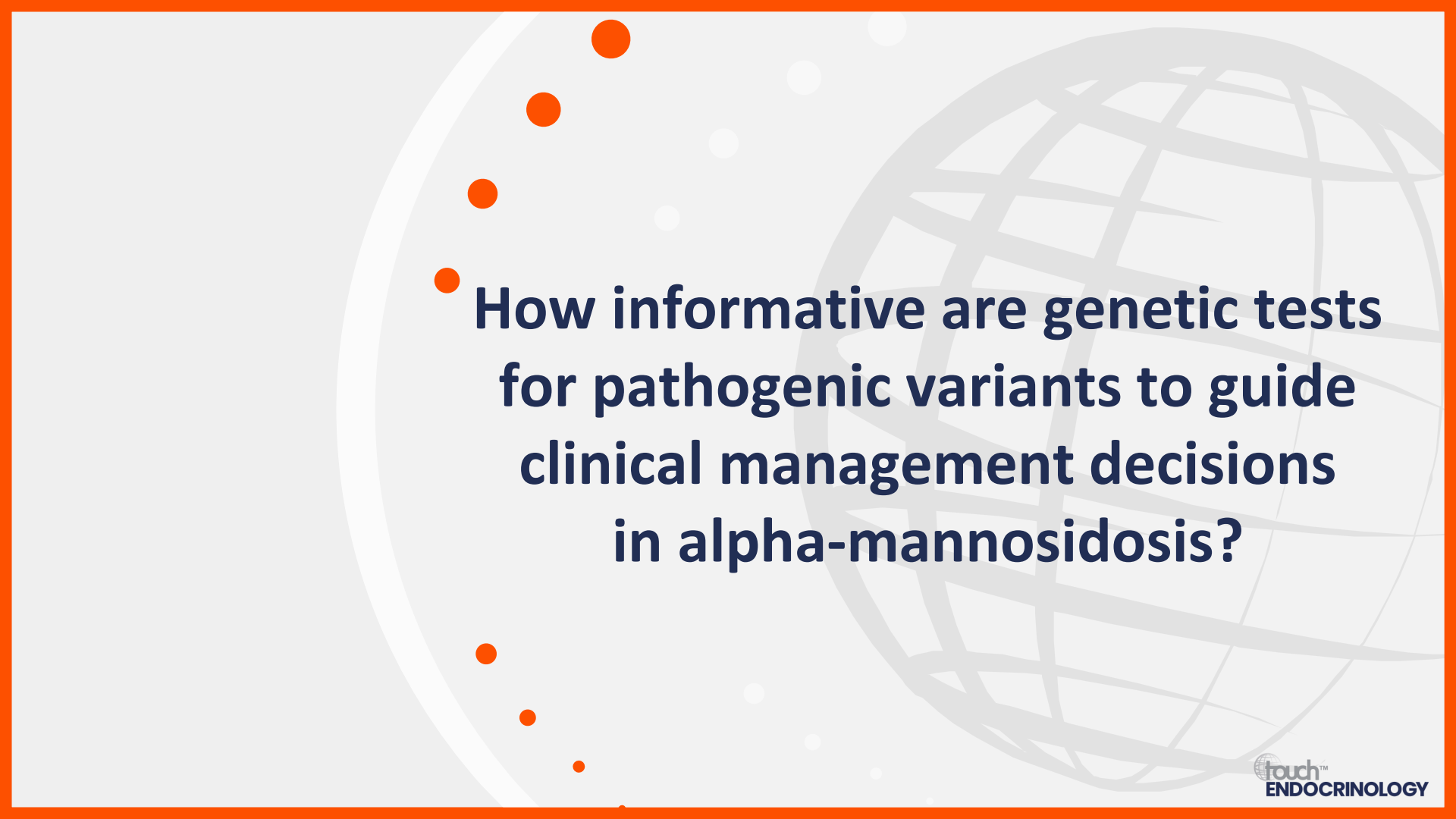
- *MAN2B1* variants

AM, alpha-mannosidosis; MAN2B1, mannosidase alpha class 2B member 1.

1. Malm D, Nilssen Ø. Alpha-mannosidosis. 2001 (updated 2019). Available at [www.ncbi.nlm.nih.gov/books/NBK1396/](http://www.ncbi.nlm.nih.gov/books/NBK1396/) (accessed 16 December 2022);

2. Guffon N, et al. *Mol Genet Metabol*. 2019;126:470–4.





**How informative are genetic tests  
for pathogenic variants to guide  
clinical management decisions  
in alpha-mannosidosis?**

# Role of *MAN2B1* pathogenic variants in AM

Deficient alpha-mannosidase enzyme activity owing to mutations in the *MAN2B1* gene  
(location: chromosome 19p13.13)<sup>1,2</sup>

**162** *MAN2B1* variants reported<sup>1</sup>



No clearly established genotype–phenotype correlation<sup>1,2</sup>



Phenotypic variability between genotypically identical siblings<sup>3</sup>



If *MAN2B1* variants of uncertain significance are identified on WES, further tests are required to establish a diagnosis of AM<sup>4,5</sup>

AM, alpha-mannosidosis; *MAN2B1*, mannosidase alpha class 2B member 1; WES, whole-exome sequencing.

1. Hennermann JB, et al. *Orphanet J Rare Dis.* 2022;17:287; 2. Lipinski P, et al. *Mol Genet Metab Rep.* 2022;30:100826; 3. Borgwardt L, et al. *Orphanet J Rare Dis.* 2015;10:70;

4. Malm D, Nilssen Ø. Alpha-mannosidosis. 2001 (updated 2019). Available at: [www.ncbi.nlm.nih.gov/books/](http://www.ncbi.nlm.nih.gov/books/) (accessed 16 December 2022); 5. Correspondence with faculty

(Prof. Barbara K Burton; 17 January 2023).



**How can we address the  
challenges associated with  
timely and accurate  
differential diagnosis?**

# Differential diagnosis of AM from other LSDs

## Clinical and laboratory features of the disorders<sup>1</sup>

Overlapping with AM	Disorders	Distinguishing from AM
Coarse facial features, dysostosis multiplex, intellectual disability	<b>Mucopolysaccharidoses</b>	Short stature, contractures
Coarse facial features, dysostosis multiplex	<b>Mucopolidosis II</b>	Short stature, failure to thrive
Coarse facial features, dysostosis multiplex	<b>Mucopolidosis III alpha/beta</b>	Short stature, normal-to-mildly impaired cognitive development
Coarse facial features, dysostosis multiplex, intellectual disability	<b>Sialidosis</b>	Cherry red spot of the macula
Hypotonia, coarse facial features, developmental delay, frequent upper-respiratory infections	<b>Sialuria</b>	Joint stiffness, seizures, microcytic anaemia
Coarse facial features, thickened ribs	<b>Cantú syndrome</b>	Heart defects, hypertrichosis

AM, alpha-mannosidosis; LSD, lysosomal storage disorder.

1. Malm D, Nilssen Ø. Alpha-mannosidosis. 2001 (updated 2019). Available at: [www.ncbi.nlm.nih.gov/books/NBK1396/](http://www.ncbi.nlm.nih.gov/books/NBK1396/) (accessed on 19 December 2022).

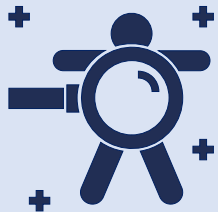


**Why is a timely and accurate  
diagnosis so important in  
alpha-mannosidosis?**

# Optimizing outcomes in AM

**Early diagnosis is crucial to support outcomes with treatment beyond symptom management and supportive care<sup>1,2</sup>**

If untreated, prognosis remains poor, but many patients live to  $\geq 50$  years of age<sup>2</sup>



Progressive disease course with cognitive, neuromuscular and skeletal deterioration over several decades<sup>2</sup>



Most patients eventually become wheel-chair dependent<sup>2</sup>



Pneumonia has been the primary cause of death during recent decades in untreated patients, followed by cancer<sup>1</sup>



Hearing loss as one of the first noted symptoms is congenital and non-progressive during disease course<sup>3</sup>



Untreated patients have worsening white matter abnormalities, diminished myelination, and gliosis<sup>4</sup>



Delays in diagnosis and treatment can lead to cumulative morbidity that may require long-term residential care needs<sup>5</sup>

AM, alpha-mannosidosis.

1. Hennermann JB, et al. *Orphanet J Rare Dis.* 2022;17:287; 2. Guffon N, et al. *Mol Genet Metabol.* 2019;126:470–4;

3. Lipinski P, et al. *Mol Genet Metab Rep.* 2022;30:100826; 4. Naumchik BM, et al. *Cells.* 2020;9:1411; 5. Verrecchia E, et al. *Adv Ther.* 2021;38:1–10.

# Optimizing outcomes in alpha-mannosidosis: How might current and emerging targeted therapies address long-term needs?

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**What is the current standard of  
care for alpha-mannosidosis?**



# Symptomatic and supportive measures in AM



Treatment aims to prevent and/or manage complications associated with AM

Hearing aids,  
pressure-equalising tubes



Regular eye  
and dental check-ups

Antibiotic prophylaxis to  
prevent infection(s)



Orthopaedic interventions for  
skeletal abnormalities, spinal  
deformities, polyarthropathy



Speech and language therapy,  
educational support



Counselling,  
psychosocial support



Pro-active early intervention is imperative to ensure  
children with AM reach their maximum potential



**Why is multidisciplinary  
management so important?**

# MDT management of AM as a multisystem disorder<sup>1-4</sup>



**Despite recent advances in treatment, the management of AM is complicated and often suboptimal; a multidisciplinary approach is essential<sup>1</sup>**

AM, alpha-mannosidosis; MDT, multidisciplinary team; PCP, primary care provider.

1. Guffon N, et al. *Mol Genet Metabol.* 2019;126:470–4; 2. Genetic and Rare Diseases Information Center. Available at: <https://rarediseases.info.nih.gov/diseases/6968/alpha-mannosidosis> (accessed 20 December 2022); 3. Adam J, et al. *Mol Genet Metabol.* 2019;20:100480.



**How might therapies address  
long-term needs in  
alpha-mannosidosis?**

# Harnessing therapies to address long-term needs in AM

## Approaches to minimize storage material accumulation and irreversible pathology

**HSCT<sup>1</sup>**

Introduce functional enzyme-producing cells into blood and bone marrow, with healthy donor cell CNS engraftment

**ERT<sup>2,3</sup>**

Promote storage clearance with exogenous functional enzyme

**PCT<sup>2,3</sup>**

Enhance activity of misfolded enzyme

**SRT<sup>2</sup>**

Inhibit substrate synthesis to prevent accumulation in lysosomes

**Role of therapies to support outcomes in AM**

**Prevent early mortality<sup>3</sup>**

**Preserve neurocognitive function<sup>3,4</sup>**

**Stabilize and support skeletal development<sup>3</sup>**

**Prevent cumulative multisystem morbidity<sup>3-5</sup>**

**Support life goals and maximize QoL<sup>3-5</sup>**

AM, alpha-mannosidosis; CNS, central nervous system; ERT, enzyme replacement therapy; HSCT, haematopoietic stem cell transplant; PCT, pharmacological chaperone therapy; QoL, quality of life; SRT, substrate reduction therapy.

1. Naumchik BM, et al. *Cells*. 2020;9:1411; 2. Diaz JCL, et al. *Int J Mol Sci*. 2022;1:232; 3. Ceccarini V, et al. *Int J Mol Sci*. 2018;19:1500;

4. Verrecchia E, et al. *Adv Ther*. 2021;38:1-10; 5. Cathey S, et al. *JIMD Rep*. 2019;50:44-9.



**What therapy approaches are  
currently available?**

# Current treatment landscape in AM

## HSCT<sup>1</sup>

Introduce functional enzyme-producing cells into blood and bone marrow, with healthy donor cell CNS engraftment

Data are limited but studies show HSCT attenuates CNS disease, alleviating neuropathology<sup>1</sup>

Minimizes pathological lysosomal accumulation of mannose-rich oligosaccharides and associated morbidity, notably:



neurologic function and skeletal development<sup>1</sup>

**88%** survival rate with stable engraftment (5.5 years median follow-up) n = 17<sup>2</sup>

Patients achieved cognitive developmental progress post-HSCT<sup>2</sup>

## ERT<sup>3</sup>

Promote storage clearance with exogenous functional enzyme

rhLAMAN (velmanase alfa) studies: Long-term data<sup>4</sup>

Velmanase alfa improved biochemical and functional measures that were maintained up to 4 years



sOLIGO clearance ( $\Delta$  baseline to 12 months)  
-72.7%; 95% CI -81.4, -64.1; p<0.001

n = 31



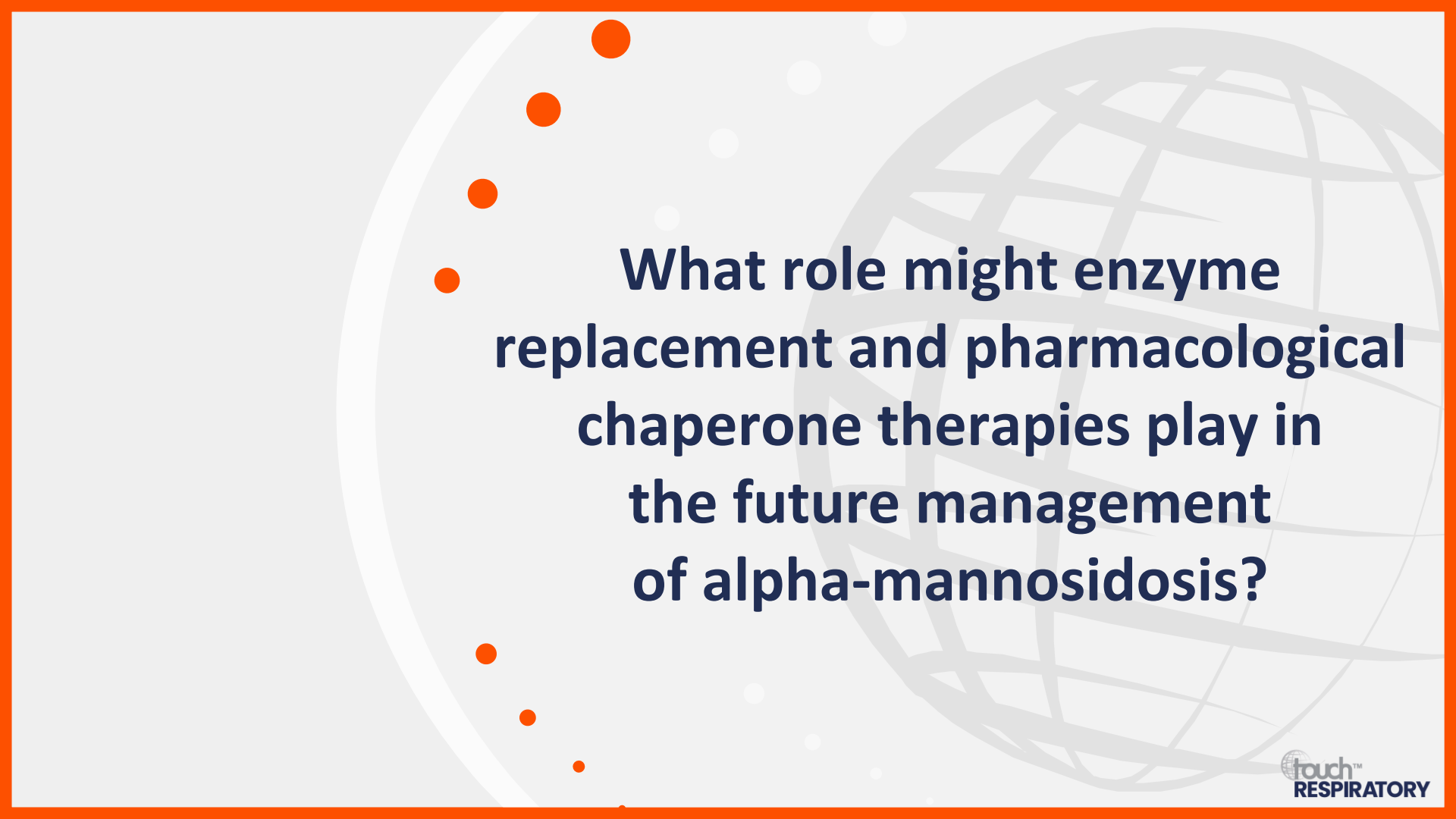
3MSCT ( $\Delta$  baseline to 12 months)  
+9.3%; 95% CI 2.14, 16.5; p=0.013



Early treatment during paediatric age associated with better functional outcomes

$\Delta$ , mean change; 3MSCT, 3-minute stair climb test; AM, alpha-mannosidosis; CI, confidence interval; CNS, central nervous system; ERT, enzyme replacement therapy; HSCT, haematopoietic stem cell transplant; rhLAMAN, recombinant human lysosomal alphanmannosidase; sOLIGO, serum oligosaccharides.

1. Naumchik BM, et al. *Cells*. 2020;9:1411; 2. Mynarek M, et al. *Bone Marrow Transpl*. 2012;47:352-9; 3. Ceccarini V, et al. *Int J Mol Sci*. 2018;19:1500; 4. Lund AM, et al. *J Inher Metab Dis*. 2018;41:1225-33.



**What role might enzyme replacement and pharmacological chaperone therapies play in the future management of alpha-mannosidosis?**



# Improving outcomes: Continuing our focus on earlier intervention



## Newborn screening

May facilitate earliest intervention and prevention of clinical manifestations<sup>1,2</sup>



## Recognition<sup>1-3</sup>

Earliest possible recognition of the possibility of AM in patients is key<sup>1-3</sup>



## Diagnosis<sup>1-3</sup>

Timely and accurate differential diagnosis to initiate appropriate management<sup>1-3</sup>



## Treatment<sup>2,3,5,6</sup>

Earlier treatment associated with positive outcomes; wider access to therapies where possible<sup>2,3,5,6</sup>



## Research<sup>4</sup>

Other therapies may continue to further improve the patient journey<sup>4</sup>

Support best outcomes for people living with AM, to achieve life goals and maximize QoL<sup>2</sup>

AM, alpha-mannosidosis; ERT, enzyme replacement therapy; HSCT, haematopoietic stem cell transplant; QoL, quality of life. 1. Malm D, Nilssen Ø. Alpha-mannosidosis. 2001 (updated 2019). Available at: [www.ncbi.nlm.nih.gov/books/NBK1396/](http://www.ncbi.nlm.nih.gov/books/NBK1396/); 2. Guffon N, et al. *Mol Genet Metabol.* 2019;126:470–4; 3. Adam J, et al. *Mol Genet Metabol.* 2019;20:100480; 4. Garbade SF, et al. *J Inherit Metab Dis.* 2021;44:99–109; 5. Ceccarini V, et al. *Int J Mol Sci.* 2018;19:1500; 6. Lund AM, et al. *J Inherit Metab Dis.* 2018;41:1225–33).